

BREAST CANCER: INSIGHTS INTO THE MAJOR SIGNALING PATHWAYS IMPLICATED IN MOLECULAR PATHOGENESIS

Maiiada Hassan Nazmy^{2, #}, Dalia Hamdy Abu-baih^{1, #}, Mahmoud Abdul-Aziz El-Rehany¹, Moustafa Fathy^{2, 3, *}

¹ Department of Biochemistry and molecular biology, Faculty of Pharmacy, Deraya University, 61111 Minia, Egypt

² Department of Biochemistry, Faculty of Pharmacy, Minia University, 61519 Minia, Egypt

³ Department of Regenerative Medicine, Graduate School of Medicine and Pharmaceutical Sciences, University of Toyama, 930-0194 Toyama, Japan.

[#]Those authors contributed equally to this work as first co-authors

*Corresponding author: Moustafa Fathy

Email: moustafa_fathy@yahoo.com

Abstract:

As the most commonly occurring cancer in women worldwide, breast cancer poses a formidable public health challenge on a global scale. Breast cancer encompasses of a group of biologically and molecularly heterogeneous diseases originated from the breast. Regarding gene profile studies, breast cancer can be categorized, according to the estrogen receptor (ER), progesterone receptor (PR) and human epidermal growth factor (HER)-2 expression, into five molecular subtypes: luminal A, luminal B, HER2-overexpressing, triple negative and normal-like breast cancer. ER pathway plays prominent roles in development and progression of carcinogenesis by preventing apoptosis especially in ER+ breast cancer. In addition, breast cancer proliferation is enhanced by epidermal growth factor (EGF), which stimulates signaling through the PI3K/AKT/mTOR and RAS/RAF/MEK/ERK pathways by activation of the epidermal growth factor receptor (EGFR) axes. These pathways are tightly interconnected with ER-activated signaling and multiple points of cross talks are now elucidated. The latent relevance of ER, PI3K/AKT/mTOR and Raf/ MEK/ERK signaling pathways to all major subtypes of breast cancer will be discussed in this review.

Keywords: Breast cancer; Estrogen receptors; HER-2; PI3K/AKT/mTOR; RAS/RAF/MEK/ERK.

Introduction:

As the foremost common cancers in females worldwide, breast cancer poses a major health challenge. All over the world, more than 1.5 million breast cancer females are diagnosed annually. Being a multi-step process, multiple cell types are involved in the progression of breast cancer. The prevention of breast cancer remains challenging and early diagnosis of breast cancer, and other cancers, is one of the best attempts to prevent the progression of this disease. Metastatic breast cancer can frequently migrate to remote organs such as liver, lung and bones, which principally accounts for its incurability [1]. Several desegregated signaling pathways are involved in breast cancer as they consequently bearing cell survival, proliferation, migration, differentiation, and apoptosis [2]. In this review, we have focused on Estrogen Receptor (ER) signaling, Epidermal Growth Factor Receptor (HER/EGFR) and other two major signaling pathways modulated by EGFR, the RAS/Raf/ mitogen-activated and extracellular signal-regulated kinase (MEK) /extracellular signal-regulated kinase (ERK) and the phosphatidylinositol 3-kinase (PI3K)/AKT/ mammalian target of rapamycin (mTOR) pathways. The latent relevance of PI3K/AKT/mTOR and RAS/RAF/MEK/ERK signaling pathways to all major subtypes of breast cancer will be discussed.

Breast cancer comprehends diverse biological subtypes which have discrete manners and responses toward therapy and that diverge extensively in disease prognosis. A number of intrinsic genes that distinguish these subtypes have been revealed. These genes are formed of multiple collections of genes associated with ER expression, an exclusive cluster of genes named the basal cluster and human epidermal growth factor 2 (HER2) expression Through a utilization of these sympathies, breast cancer can be categorized into five molecular subtypes depending on the expression of certain genes[3].

1. Epidermal Growth factor receptor:

Apart from ER-mediated progression, Breast cancer cells utilizes another pathway to execute their pathological behavior. Among them, growth factor receptor-mediating signaling is the dominant one. It has been demonstrated that HER signaling integrates with ER signaling and contribute to endocrine resistance [4].The family of HERs encompasses 4 receptor tyrosine kinases (RTK) (1-4) that are expressed not only in normal tissues but also in various types of tumors. The prominent HER-2, a member of the EGFRs, is a RTK that comprises three domains: an intracellular domain, a transmembrane domain, and an extracellular ligand-binding domain[5]. HER-2 regulates various cellular physiological and pathological functions through multiple pathways as the constitutively active form makes HER2 the preferred constituent to form dimers with other molecules [3]. Upon ligand binding and dimer

55 formation, HER-2 is phosphorylated at its tyrosine residue of the extracellular domain. The phosphorylated HER-2,
56 the active HER-2, transduces signals via multiple downstream signaling pathways such as the MAPK and PI3K
57 pathways. These pathways recruit the progression of various malignant tumors by modulating the growth, cell cycle,
58 reorganization of cytoskeleton, apoptosis, migration, invasiveness, differentiation, angiogenesis and transcription of
59 various genes[6-9]

60 It is becoming increasingly evident that the carcinogenic process captures the pathways regulating normal cellular
61 physiology such as PI3K/AKT/mTOR and the RAS/RAF/MEK/ERK cascades and uses them to transduce
62 constitutively active survival signals to the nucleus. Furthermore, the PI3K/AKT/mTOR pathway modulates cellular
63 energy, senescence and angiogenesis, and promotes the transcriptional activity of ER in ER-positive breast cancer.
64 Numerous points of junction and feedback loops have been recognized lately and the bidirectional crosstalk between
65 ER and GFR pathways adds marvelous complexity to the cell signaling network [10].

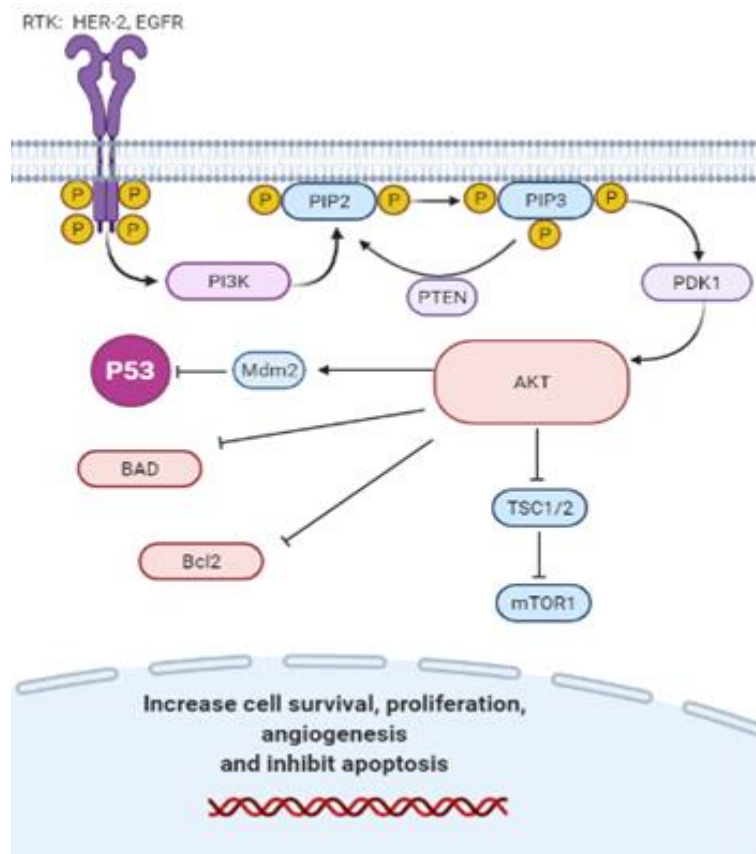
66 Activation of HER-2 expression or gene amplification triggers ER signaling [4], so HER2-targeted therapies are
67 used in combination with endocrine therapy that blocks ER activity to treat this subtype. Activated ER pathway can
68 provide substituted proliferation and survival signaling that could allow escape from efficient HER2 inhibition.
69 Moreover, it has been revealed that the expression of HER family members is often amplified in cancers that have
70 experienced endocrine resistance, leading to augmented signaling of this pathway and its downstream mediators[11].

71 **1.1. The role of PI3K/AKT/mTOR pathway in directing breast cancer:**

72 The PI3K/AKT/mTOR signaling pathway participates in various cell processes, including expansion, development,
73 and endurance. Upon RTKs and G-protein-coupled receptor activation, a family of signaling enzymes referred as
74 PI3K proteins are triggered. Three classes of lipid kinases are included in the PI3K protein family. These kinases
75 catalyze the phosphorylation of phosphatidylinositol 4,5-bisphosphate (PIP₂) to phosphatidylinositol 3,4,5-
76 trisphosphate (PIP₃). Among the various classes of PI3K, Class IA PI3Ks are composed of a catalytic and a
77 regulatory subunit arranged in heterodimers. It has shown that this class of PI3K is the most commonly conveyed in
78 human cancer [16].

79 In response to PI3K activation, the essential transmitter of cellular signaling PIP₃ can transduce signals to trigger
80 downstream signaling mediators, including phosphoinositide-dependent kinase 1 (PDK1) and AKT leading to
81 activation of serious of signaling events that regulate cell survival and proliferation. At the plasma membrane PDK1
82 binds PIP₃ which facilitates phosphorylation of AKT. Phosphorylated AKT can phosphorylate numerous effectors
83 and targets and can translocate to the nucleus, thereby recruiting proliferation, cellular growth and angiogenesis, and
84 inhibiting apoptosis [17].

85 Activated AKT can negatively regulate the tuberous sclerosis complex (TSC): TSC1 and TSC2, and thus triggers
86 mTORC1 complex, the recruiter of cellular progression and protein synthesis that involves mTOR. Another
87 mechanism by which AKT can mediate cancer survival is by phosphorylating Mdm2, a protein that hinders the
88 stimulation of the tumor suppressor protein (p53) as shown in (Figure 1). In addition, AKT may suppress BAX,
89 BAD, (the pro-apoptotic Bcl-2 family members) and forkhead transcription factors including FOXO. Phosphatase
90 and tensin homolog (PTEN) can stimulates the dephosphorylation of PIP₃ and thus antagonize the enzymatic
91 activity of PI3K. Also inositol polyphosphate-4- phosphatase type II (INPP4B) has a role of this antagonism effect
92 by catalyzing the dephosphorylation of PIP₂[16, 17].



93
94 **Figure 1:** PI3K/AKT/mTOR pathway activation leads to enhanced cell survival, proliferation and diminished
95 apoptosis

96 **The frequency of PI3K/AKT/mTOR mutations in breast cancer:**

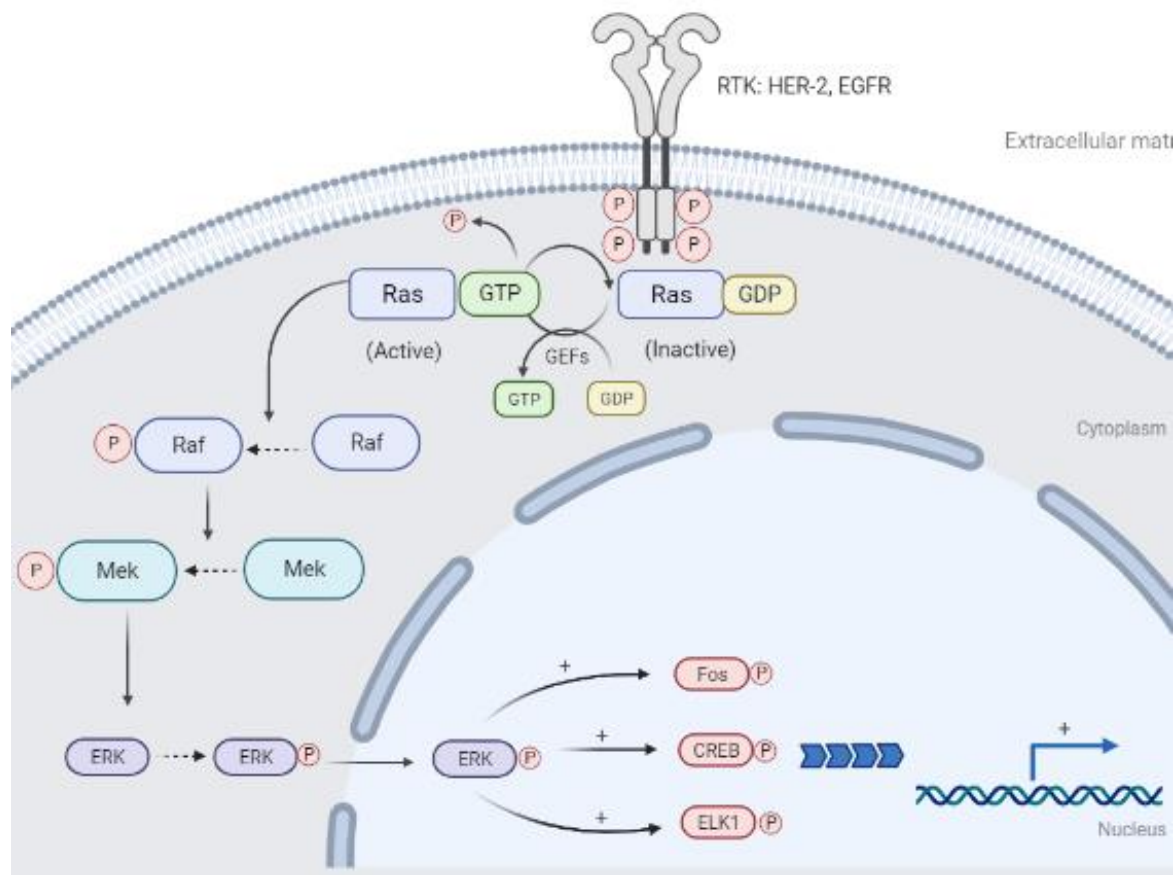
97 Many of PI3K/AKT/mTOR pathway proteins are referred as oncogenes that activate the pathway signaling, others,
98 tumor suppressor genes, can suppress the signaling through this pathway. In breast cancer, PI3K/AKT/mTOR
99 activation encourages tumor progression and survival and mutations in the genes encoding several nodes of the
100 PI3K/AKT/ mTOR signaling pathway have reported in ER+ breast cancer. These mutations indicates an significant
101 role for PI3K signaling in the progression of ER+ breast cancer [16]. PIK3CA mutations, the most predominantly
102 type of mutation in PI3K/AKT/mTOR signaling pathway, have been shown to trigger the PI3K pathway. 25% of
103 breast cancer patients expressed PIK3CA mutations and it was shown that PIK3CA mutations were associated with
104 the ER-positive and HER2-positive breast cancers. Also mutations in the PIK3CA gene which encodes the catalytic
105 subunit of PI3K may hyperactivate the PI3K pathway (commonly found in luminal breast cancer and HER2-positive
106 breast cancer) [18].

107 **1.2. RAS/RAF/MEK/ERK signaling pathway:**

108 Signaling cascade involves the association between multiple growth factors and their specific receptors. Usually,
109 growth factors bound to and stimulate transmembrane domain of the RTK family and trigger a cascade of signal
110 transduction that is transduced through multiple cytosolic messengers followed by signal transduction to the nucleus
111 and activation of the transcription/translation of effector genes. RAS GTPases is the cytosolic mediators that trigger
112 phosphorylation of the MAPK pathway. RAS GTPase encompass over 150 small G-proteins as H-RAS, K-RAS, N-
113 RAS and others [19]. Guanine nucleotide exchange factors promote the activation of RAS to RAS-GTP via
114 modulation of GDP/GTP cycling. While the inactivation is stimulated by GTPase-activating proteins that catalyze
115 GTP hydrolysis into Ras-GDP which is the inactive form. The inactive RAS-GDP is present in normal quiescent
116 cells where extracellular stimuli triggers the formation of Ras-GTP, the active form of RAS. This active RAS can
117 bind to a numerous downstream mediators, of which the Raf kinases are the best recognized [19].

118 Activated RAS GTP interacts with and activates RAF, the downstream component of the pathway and
119 phosphorylated RAF can subsequently activate MEK isoforms 1 & 2. MEK1 and MEK2 are considered attractive
120 therapeutic targets as ERK can only be activated by them. The subsequent downstream effector of this pathway is

121 ERK 1/2 that when activated detaches from cytoplasmic anchoring proteins, and translocates to the nucleus where
 122 they can impact the transcription of multiple genes via activating multiple transcriptional factors including Elk-1,
 123 CREB, Fos and globin transcription factor 1 (Gata-1). Those transcription factors can interact with promoters of
 124 numerous genes, including growth factor and cytokine genes as represented in (figure 2). These transcriptional
 125 modifications impact cell proliferation, survival, angiogenesis and abolish cellular apoptosis leading to cancer[20].



126
 127 **Figure 2:** Activation of RAS/RAF/MEK/ERK following ligand recognition.

128 **RAS/RAF/MEK/ERK pathway directing breast cancer:**

129 Several actions of the RAS/RAF/MEK/ERK signaling pathway on apoptosis can be exerted via ERK
 130 phosphorylation of many proapoptotic proteins such as Bad, Bcl-2, CREB, Bim, Foxo, and Caspase-9. The Mcl-1
 131 mRNAs translation that is implicated in apoptosis is also regulated by ERK activation. Regulation of apoptosis is
 132 seriously involved in breast cancer and inhibiting the main components in the apoptotic cascades is an attractive
 133 target of the pathway inhibitors [21]. Mutations or amplifications of upstream growth factors receptors can also
 134 trigger the RAS/RAF/MEK/ERK signaling pathway. RTKs (e.g., EGFR and HER2) overexpression or mutations
 135 can cause hyperactivation of Ras, which in turn, triggers the RAS/RAF/MEK/ERK cascades. Overexpression and
 136 constitutive activation of EGFR in cancers is often correlated to poor prognosis. It has been suggested that prior to
 137 the diagnosis of breast cancer, EGFR levels may be elevated in the blood within 17 months [22].

138 HER2 activation results in transient stimulation of Ras, that triggers numerous downstream mediators activating
 139 cascade of signaling which modulate cell survival, proliferation, and differentiation. Furthermore, a truncated short
 140 EGF receptor has been observed in cases of breast cancer. This truncated protein loses 267 amino acids in
 141 extracellular domain resulting in a constitutively activate protein [21]. Another link between Ras and EGFR is
 142 accomplished by the enhanced expression of EGFR ligands via Ras signaling. The pattern of activation of this
 143 signaling cascade in breast tumors proposes that it is not only critical in oncogenesis but also an attractive
 144 therapeutic target. The substantial experimental and genetic researches suggest strong rationale that suppressing the
 145 RAS/RAF/MEK/ERK as well as EGFR pathways could afford effective anticancer therapeutic agents for breast
 146 cancer. Many inhibitors have been developed which could target diverse effectors of ERK signaling, some of them
 147 have already approved as antineoplastic agents [23].

148 **PI3K/AKT/mTOR and Ras/Raf/MEK/ERK interplay:**

149 The cross interaction between MAPK and PI3K pathways is complicated and incompletely understood. It has been
150 documented that, there is a substantial level of cross-interaction between kinases of both pathways in both
151 physiological and pathological conditions. Studies revealed that, suppression of one pathway triggers the other one,
152 and vice versa, so confirming that the signal is transduced downstream. Studies are now focusing on the multiple
153 points of junction between the MAPK and PI3K pathways and the exact mechanism of cross talk are beginning to
154 emerge[24]. MAPK pathway can regulate mTOR signaling by inactivating the TSC1/TSC2 heterodimer via ERK.
155 Definitely, phosphorylation of ERK results in TSC1/ TSC2 secession and deteriorates the ability of TSC2 to
156 suppress mTOR signaling. Moreover, ERK phosphorylates RSK1 that can interact with and phosphorylates TSC2
157 resulting in an enhanced mTOR signaling. Furthermore, it has been revealed that RSK & ERK can phosphorylates
158 and activate another essential protein called RAPTOR that is mTORC1 complex scaffolding protein. Furthermore,
159 the MAPK and the PI3K pathways intersect with the B cell leukemia 2 homology domain 3 (BH3)family of
160 proteins, that modulate cellular apoptosis[25].

161 Augmented activity of the PI3K/AKT/mTOR pathway was observed following RAS/RAF/MEK/ERK pathway
162 inhibition this might probably be because of loss of feedback suppression. Not only significantly amplified pAKT
163 levels but also diminished pERK was observed in a preclinical study following MEK suppression, proposing the
164 presence of an active feedback loop. Similarly, augmented activity in the MAPK/ERK pathway is resulted from
165 blocking the PI3K pathway. Robust increase in pERK levels was reported in advanced solid tumor patients treated
166 with mTOR inhibitor, suggesting stimulation of the MAPK pathway by a S6K-PI3K feedback loop [26]. This
167 molecular course in breast cancer cells is further intricated by supplementary cross-talk of PI3K and ERK with
168 another signaling pathways, such as ER signaling cascades. Using multiple kinase inhibitors to dually inhibit PI3K
169 and MEK/ERK pathways results in higher growth attenuation than single pathway attenuation in various
170 tumors. Moreover, single agent MEK inhibitor did not sufficiently inhibit basal-like breast cancer cells, while dual
171 PI3K and MEK inhibitors leads to highly augmented growth suppression [27].

172 **Conclusions:**

173 In respect to the imperative roles of ERs signaling in diverse cellular processes and development, it is obvious that
174 the mal-regulation of ER is implicated in tumorigenesis in breast cancer particularly in ER+ breast cancer. In
175 addition to the typical hormone dependent signaling pathways, the pathways elucidated in this appraisal are shown
176 to modulate various cellular functions that are imperative in the progression and onset of breast cancer. The study of
177 EGFR family and its regulated pathways (RAS/RAF/MEK/ERK and PI3K/AKT/mTOR) represent a spectacular era
178 of tumor research to enhance our consideration of molecular deviations that arise during tumor progression.
179 Manipulating the critical role of these pathways in cellular survival and proliferation by modulation the nuclear
180 translocation and transcriptional activity, may have a potential in the evolution of successful breast cancer therapy.
181 However, the chief hurdles in effective breast cancer management embrace concomitant abnormalities and crosstalk
182 between various intracellular signaling pathways in cancer cells which in conclusion culminate into the evolution of
183 drug resistance and hence treatment failure. Therefore, several objectives need to be directed for superior clinical
184 benefits and to reduce the evolution of drug resistance. Combined therapy including use of endocrine therapy along
185 with inhibitors of numerous effectors of RAS/RAF/MEK/ERK and PI3K/AKT may be of tremendous benefits. This
186 rationale provides tremendous potential for more efficient development of targeted therapy for breast cancer
187 patients.

188 **Declarations**

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190 **Consent for publication:** Not applicable.

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195 M.F. and M.A.R.; writing—original draft preparation, D.H.A. and M.F.; writing—review and editing, M.H.N., M.F.
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